

Waywiser's Caregiving SmartList, Version 1.2

not all inclusive-always evolving-updates at www.waywiser.life

→ BASIC IDENTIFICATION

When to use certified copy vs photocopy

		DOB, Place of Birth (If unknown) Additional resource: SEE GENEALOGY
		Adoption Records
		Birth certificate (generic guidance)
		Death certificate (Reporting Death Info)
		<u>Divorce/separation papers</u> Birth certificate
		Marriage Certificate
		<u>Citizenship papers</u>
		<u>ID</u>
		Insurance cards (health/ <u>Medicare/assistance</u>
		programs/pharmaceutical/dental/eye care)
		Organ donation information/documents/instructions
		Social Security Card (Report Death) Additional Resource: SEE DEATH
		CERTIFICATE
		<u>Passport</u>
		If Veteran: Veterans ID, DD214, annual letter of disability status, VA ID, VA listed
		emergency contact registered
\rightarrow		TED CIRCLE™
	•	Can be anyone with small tasks to large tasks. Think of the phrase the person
		or service "fills a need". Even if it is just calling your loved one once a week to
		chat, cutting their grass, walking their dog or feeding their cat. Those actions
		are providing care. Determine their responsibilities/contributions, their
		contact information (specifically email and phone) as well as their schedule for
		their responsibilities and if they are reliable.
	•	If you feel alone, look around, join a <u>support group</u> , expand your <u>circle</u> and/or ask for help from associations, organizations, <u>friends</u> , family or neighbors
→	MEDIC	· · · · · · · · · · · · · · · · · · ·
-	_	Medical History Report / Disputes of Report

Medication list, prescribers, pharmacy who fills each medication, refill instructions, lab work required on routine basis (<i>Tip: contact the pharmacy you</i>		
find on pill bottles in your loved ones home, or suspect they use to determine if		
they pick up there)		
Routine check up appointments, medical condition related check ups needed with specialists		
Types of hardware in body for joint replacements or repairs		
Surgeries with dates and what done, Bonus Info: Physician who did surgery		
Medical conditions, Bonus Info: who diagnosed		
Contacts for vendors for medical equipment (oxygen, wound supplies)		
Allergies (medication, substances and/or food), Bonus Info: Allergy vs Sensitivity/Intolerance for each		
Immunization records and schedule for future vaccinations		
COVID card, if contracted COVID, dates of positive test and last day of symptoms for each time		
Know/collect CDC updated/current guidelines on isolation and quarantine for COVID to help with planning of care for your loved one		
Details of incidents/accidents/use of ER or other health services for accidents		
Notes on calls or messages from staff of senior living entity to report an event that is mandated to be reported: Who called, when and what they informed you of		
Living Will		
Advance Directive		
Do Not Resuscitate form		
Health Care or Durable Power of Attorney		
Mental Health Power of Attorney		
Body Donation to Science wishes/forms/contact information (If the donation institution requires additional storage prior to donation pickup, this is an extra and high cost. Some institutions allow for a pre-pay of this service. Contact Information for that funeral home or mortuary for body storage prior to donation)		
Meals, recipes, meal schedule, who will grocery shop, when will they shop, who will assist with leftover storage for each meal, who will stock and clean out refrigerator/freezer, special diets (appointments for, prescriptions, diet modification substances such as thickener, special consistency requirements, adaptive utensils); if they do not eat, how will you know, who needs to know,		
what will happen? (TIp: <u>Make a list of easy to prepare meats, sides, desert, beverages that the person likes and can be interchanged with each other.</u> Make it a recurring menu with catchy titles such as Fish Fridays, Taco Tuesdays,		

		Meatloaf Mondays, Wednesday Wild Card Meal or Tamale Thursday. This can
		help you and your loved one plan and know what to expect each day)
	_	Food Delivery for help
		Clergy name and contact information
		Funeral Home name and contact information/funeral plot or purchased
		services, written obituary
		Church or other spiritual or faith community name and contact information
		Preferred hospital name and contact information
		Service animals papers and registry information
7	FINAN	CIAL Basic
	•	Redirect Mail/Cancel Mail
		☐ <u>Unclaimed Property Search</u>
		Reporting Scams and Fraud Credit Depart (Credit Franza (lifting a gradit franza) (Franza en
		☐ Credit Report/Credit Freeze (lifting a credit freeze)/Errors on Report/Sample Dispute Letter for Errors on Credit Report
		Bank account numbers
		☐ Debit Card Pin
		Safe deposit box key: look for storage fees on accounts to determine if
		they had a Safe Deposit Box (may only be annual fee)
		☐ Routing numbers for banks
		☐ Titles and deeds
		☐ Insurance policy details
		☐ Deposit methods
		☐ Homeowner's insurance coverage
		☐ Home warranty coverage and claim process
		Employer insurances (worker's comp or liability)
		☐ Flexible Spending Accounts, Health Services Accounts
		Debit Cards, Credit Cards, Gift Cards, Membership Cards (AAA, AARP)
		☐ <u>Disputing Errors on Credit Cards</u>
		☐ Forms required for insurance claims/payouts and instructions on how
		to file
		☐ Will
		☐ Financial or Durable Power of Attorney (recommended to sign an
		updated version about every 5 years or so) (if not in place you will need
		to seek <u>guardianship</u> or conservatorship in order to access accounts
		through the courts)
		Guardianship papers or Conservator papers
		Executor of Will

	Tax forms (any and all forms that are required to file for taxes), who will prepare and file, when it will be filed and where the debit or credit will
	deposit or deduct from
	Filing Taxes After Death (Do I need to file a Tax Return?) (Instructions)
	Previous year's tax returns (If deceased)
	People who may be financially impacted by your death/health issues and contact information
	Caregiving Taxes/Tax Credits
	Reporting death to financial institutions
	Benefits and Insurance for People with Disabilities
Assets	S
	Proof of income streams
	Stocks
	<u>Life Insurance</u>
	Insurance policies
	Wages
	Tax return Payment
	Family trusts
	Social Security
	Unemployment
	Lawsuit Payment Recipient
	Disability income
	Retirement funds/pensions (Unclaimed Pension Lookup)/Civil Service
	Retirement/Thrift Savings Plan/Military Credit Toward Civil Service
	Retirement/Is pension or annuity taxable?/Survivor of Federal
	Employee Retiree
	Family members/gifts
	Rental properties
	Liquidation of assets
	Consignment stores/apps/Small business sales (Poshmark, Etsy)
	Electronic money exchanges (Venmo/Zelle)
	ities (Tip: Always keep receipts for any expenditures on your loved one in
one pi	
	Managing Debt/Counseling and Bankruptcy Filing
	Utilities (gas, water, trash, recycle, internet, sewer/waste water, cable, electricity, telephone, cell phone)
	Daily life expenses (gas, food, clothing, toiletries, food preparation items/utensils, incontinence supplies, cleaning supplies, medications, first aid supplies)



	Mortgages, <u>Personal Property Taxes</u> , payments on loans, insurance
	premiums, reverse mortgages (Taking over Mortgage after
	death)/Home Equity Lines of Credit
	Other bills (and when they are due next)
	Credit card balances and limits
	Pending checks or wire transfers
	☐ Debts owed on electronic money exchange platforms (Venmo/Zelle)
	☐ Recurring bill pay/payments/scheduled transfers of funds to or from
	accounts
	 Determine monthly budget for expenditures (document and record calculations as this will change and evolve through your caregiving journey)
	Property Taxes (paid through Mortgage or separate)
→	LIVING ACCOMODATIONS
	 House cleaning needs, who does it and when, cleaning supplies, cleaning tools (Tip: Break cleaning up into one room a day or every other day to help make it a smaller task to complete, put it on a calendar)
	☐ Survey of property
	☐ Listing/selling contracts/disclosures
	Seasonal preparation
	☐ Clothing
	HVAC
	Outdoor faucets
	☐ Plants
	☐ Pets
	☐ Sprinkler systems
	☐ Pools/hot tubs
	☐ Vehicles/other personal property
	☐ Vacant houses owned
	☐ Snow removal plans
	☐ Back up electricity plans/generator gas/diesel fill ups
	☐ Hurricane and other disaster preparedness
	☐ Vaccinations (flu shot)■ Home Maintenance
	■ HVAC systems
	☐ HVAC systems ☐ HVAC filter changes
	☐ Smoke alarm/CO2 detector battery replacement
	Security alarm codes/battery replacement, update numbers
	Security diam reduces battery replacement, apadic mambers Flashlight battery replacement
	☐ Emergency kits, location of and contents (some expire)

www.waywiser.life

	Water filtration systems and salt additions
	Refrigerator filter changes
	Yard sprinkler system checks and schedules, monitoring for leaks, some states/counties require inspections on a certain schedule, adjustment requirements from state/city/county during droughts
	Cleaning out refrigerator and freezer of rotten/bad items routinely
	Toilets
	Light bulb changes
	Dryer vent cleanings
	Chimney sweepings
	Leaf collection
	Cutting back trees off house to prevent pests
	Pest control
	Cutting grass/other lawn maintenance
	Pool maintenance
	Hot tub maintenance
	Deck/fence painting/staining
	Cleaning gutters
	Vehicle safety checks (tires, oil, wiper fluid, antifreeze, wiper replacement, AC filters, documents from any accidents in vehicle, registration documents, inspection documents, insurance proof, first aid kit contents refilled/up to date, spare tire, lug lock keys if needed), toll payment system balances, debts or contact information to renew/refill
	Window cleaning (to prevent someone from using ladders
	proactively)
	Oven cleaning
	Cleaning up dog poop in yard if pet, litter box changes, cage or tank changes, vet appointments, proof of vaccinations, registrations or licenses, pet supplies, food, medications, hair management, beds, leash, collar, tags, nail cutters, emergency placement if loved one is hospitalized in middle of night/suddenly/extended period of time
Home Safety	Checklist/Inspection with plans for any needed modifications
Indoor plant c	are
	rty items (houses, cars, boats, lawnmowers, locks, safes, guns, cabinets, closets)

		Medical device repair/safety/calibration (scales for those with CHF, blood pressure cuffs for those with high blood pressure), contacts for such needed repairs/maintenance
		Contracts or rental agreements from senior living communities or services
		Job descriptions and/or policies determined for hired caregivers/service
		technicians/handyman
		Transportation to appointments, who will transport, when do they need it, how
		will they physically accomplish the transport, who coordinates it all, who
		tracks that it happens to and from event, public transportation
		costs/cards/tokens
		Safe driving assessment, reporting requirements, updates to licensing entity
		or physician, copies of medical documents needed to renew license if need
		be
\rightarrow	INTEL	LECTUAL PROPERTY
		Websites for records (health/financial/tax/business operations, stocks),
		memberships, accounts, email, calendars, contacts/address books)
		Logins and passwords to all of the above
		Computer login/password
		Password to cell phone
		Access to any purchased Cloud storage
\rightarrow	SENT	IMENTAL ITEMS (may want to inventory with loved one)
		Jewelry/appraisals and insurance policies covering of such
		Family photos (where are they stored, if electronic, account information)
		Books
		Videos (where are they stored, if electronic, account information)
		Coins/other collections (value estimations, insurance policies)
		Paintings/art (insurance policies, appraisals, receipts of sale, artist information)
		Furniture (insurance policies, appraisals, receipts of sale, manufacturing
		information)
		Genealogy documents/files
		RE PLANNING
7	FUIU	
		Voting locations and if registered for home (or new home if in senior living), voter registration cards
		Application for absentee voting
		Needs assessment to determine where the individual will be and what they
		might need assistance within one, two or ten years to plan for the above
		information and decision making (Waywiser's Caregiving Guide as Interactive
		Planning Tool, www.waywiser.life)

www.waywiser.life



www.waywiser.life